

2019 Cover Sheet for Faculty Summer Grant Proposals

This is the first page of the application. The complete application should be sent to rolandkushner@muhlenberg.edu and danalohman@muhlenberg.edu by noon, January 25, 2019.

Name: **Kate Richmond**

Date: **1/20/19**

Department: **Psychology**

Project Title: Please provide a project title of 25 words or less.

Knowledge of reproductive health and its relationship with attitudes toward healthcare funding

Type of grant (place an 'X' next to all that apply):

- Research or study leading to publication, exhibition, or performance (4 or 8 wk)
- Professional growth, such as self- directed or formal skill development (4 or 8 wk)
- Crossette Family Faculty Fellowship for International Research
- Direct expenses, e.g., books, travel, equipment (not to exceed \$1500, receipts needed)

Duration of summer study (available stipend):

- Eight weeks (\$4000) Four weeks (\$2000)

Will you be teaching a summer course during the proposed award period ? No

If Yes, then you are not eligible for a 2018 Summer Research / Professional Development stipend. If you are awarded the Crossette fellowship, you will not be awarded an eight-week stipend (although you may be awarded a four-week stipend).

Provide an abstract of the proposed project and outcomes (FEWER THAN 100 words):

The goal of this proposal is to request funds to support the completion of two manuscripts. Both projects are connected to my larger research program on gender, health behaviors, and mental health outcomes.

I. **Project Statement**

The current proposed project consists of the completion of two manuscripts that are already in preparation.

Project 1

The first proposed project is based on a large data set that I collected during the Summer, 2018. With the support of a previous FDSC summer grant, I successfully published two articles in peer reviewed journals from this data set. This current proposal will be the last paper to come from it. In general, the entire project aims to explore and assess the direct and indirect relationship between the endorsement of traditional gender ideologies (masculinity/femininity) and mental health status through the potential mediating variables of health behaviors. Along with a co-author, I collected online survey data through Amazon Mechanical Turk for over 1200 participants (38% transgender/gender non-binary adults and 62% cisgender adults). All participants responded to measures of gender ideologies, health behaviors (e.g., calling a doctor, receiving check-ups and preventative care, having access and eating a nutritious diet, etc), mental health outcomes (e.g., depression, anxiety, eating disorders) and demographics. At this point, we have cleaned, organized, and analyzed data using conditional process modeling. My co-author and I have begun drafting the third manuscript, but it is still in an earlier stage of completion.

In our two previous publications, we found that endorsement of traditional masculinity ideology was positively and directly associated with health for men (cisgender and transgender), but not for women or non-binary persons. Femininity endorsement was not related to health for people of any gender identity. Poor mental health outcomes were positively associated with health risk behaviors, and health risk behaviors had a large negative association with mental health status, for people of all gender identities. The findings about masculinity are somewhat contrary to prior research. In our previous published studies, we found that masculinity ideology may be a health

protective factor for men, regardless of their sex assigned at birth. This is not consistent with prior research, so for this proposed study, we aim to show the unique variables of this sample that may have played a role in this outcome. Thus far, it does appear that race and socio-economic status, along with family history of illness, influenced the outcomes. Currently, we are drafting the introduction; however, the results and discussion will need to be drafted during the summer. We plan to submit the manuscript to *Health Psychology*.

Project 2

The second proposed project is the completion of an invited chapter on *Feminist Therapy* for a new handbook, entitled *Diversity & Social Justice in Counseling Psychology & Psychotherapy: A Case Study Approach*, published by Cognella Press. This manuscript is currently “under review,” but I plan on receiving editorial feedback in late March. The chapter needs to be completed by July 1, 2020. In this chapter, I aim to illustrate that without attention to changing inequities in society, therapists are missing an opportunity to remove some of the major sources of distress among psychotherapy clients. Relying on a reductionist medical model has the potential to replicate oppressive societal forces. By making feminist psychotherapy more accessible in training programs, there is an increase likelihood that all therapists, regardless of gender, will advocate for and practice equitable values. Alongside this, training must incorporate a knowledge of political and social history in order to help clinicians better understand how systematic and institutional practices oppress individuals and cause distress. This will allow clinicians to contextualize presenting clinical problems within a political and social framework.

Feminist therapy is one of a few psychotherapy modalities that explicitly focuses on how social and structural inequities influence mental health. Its origin is distinctly political. It emerged and grew alongside many of the civil and social movements connected to second wave feminism that occurred in the United States in the 1960’s. However, with the rise of third wave feminism in the 1980’s and 1990’s, feminist therapies were criticized for an almost exclusive focus on the

experiences of White middle-class women. Black feminist activists ushered in modern feminist theoretical perspectives to therapy. These newer forms of feminist therapies were guided by principles of intersectionality, an approach that acknowledges the interdependency of systems of inequality (e.g., sexism, classism, racism, ablebodism, heterosexism), and the necessity to understand oppressive systems as mutually constituting each other.

In this chapter, I explicitly focused on the application of an intersectional feminist therapeutic approach with a transgender women of color. Intersectionality is a newer area within the application of psychotherapy, despite its popularity in other disciplines. By using an intersectional approach, feminist therapists conceptualize client psychological distress through an expansive and interlocking matrix of socio-political subordination, one that takes into account a client's unique, complex, and sustained experiences of stress and discrimination. For example, therapists may use concepts such as *multiple jeopardy* or *gendered racism* to describe the cumulative effects associated with living under multiple oppressive systems (e.g., racism, sexism, classism). Feminist therapists also invest in learning about the nuanced history of many different social and political movements (e.g., civil rights, disability rights, LGBT rights), and are especially attentive to the ways in which social and political advancements can ignore diversity among women. Having a sophisticated understanding of history helps feminist clinicians conceptualize distress within a larger socio-political context and to reduce the likelihood that they will universalize the experience of being a woman.

III. Project Requirements

Aside from access to the library and use of SPSS, I do not need additional resources from the college.

IV. Project Schedule and Expenses

My tentative schedule plan is to use the end of May and beginning of June to complete the manuscript intended for *Health Psychology*. Currently, the results and discussion sections need to be drafted and the tables/charts have to be generated. We also need to do a thorough review (and possible revision) of the introduction. My goal is to have this sent out in the beginning of June, so that if we receive a “revise and resubmit” status, we can address it in August (before the start of classes). I will then use the rest of June and possibly some of July to address the revisions of the invited book chapter. I have not received other funding for these projects, and I have one professional commitment during the week of July 12th-18th. I also plan to teach online during Summer Session II.

V. Outcomes from Prior Muhlenberg Funding

Muhlenberg College Faculty Scholarship Grant (2019, \$2,000): I received this grant to support an exploratory study aimed at examining how people’s knowledge of women’s reproductive health and their attitudes toward women influence their opinions on who is responsible for funding healthcare. This project was presented at the peer-reviewed conference meeting of the Society for Menstrual Cycle Research (SMCR), which will be held in Colorado Springs in June, 2019. A manuscript of this paper is currently under review in the peer-reviewed journal *Women’s Reproductive Health*.

Muhlenberg College Faculty Scholarship Grant (2018, \$2,000): I received this grant to support the writing of two manuscripts. Both were accepted for publication, and one is currently under review. The first paper was published in *Health Psychology*. The second paper was published in the *Journal of Men and Masculinities*.

Muhlenberg College Faculty Scholarship Grant (2017, \$2,000): I received this grant to support the writing of two manuscripts. Both were accepted for publication in peer reviewed journals. The first paper was related to the development and validation of a measurement of femininity ideology, and it was published in the *Journal of Counseling Psychology*. The second paper was on men's knowledge and attitudes toward menstruation, and it is currently in press in the journal *Women's Reproductive Health*.

Muhlenberg College Class of '32 (2016): I received this grant to support the writing of a Psychology of Women textbook. The full manuscript was completed and sent to W.W. Norton. We are finalizing the art manuscript and are copy-editing now. The book is scheduled for release January, 2019.

Muhlenberg College Faculty Scholarship Grant (2016, \$1,500): I received this grant to support the drafting of two chapters in a Psychology of Women textbook. These chapters were Chapter 3: *Just two sexes* and Chapter 4: *Violence & Women*. I submitted these chapters to the editors at W.W. Norton in October, 2016, and they were subsequently sent out for blind peer review. They were later revised and submitted for publication.

Muhlenberg College Faculty Scholarship Grant (2015, \$2,000): I received this grant to support the drafting of two chapters in a Psychology of Women textbook. These chapters were Chapter 1: *The F Word*, and Chapter 2: *The power of the penis (and other domains of privilege)*. I submitted these chapters to the editors at W.W. Norton in October, 2015, and they were subsequently sent out for blind peer review. They were later revised and submitted for publication.

Muhlenberg College Faculty Scholarship Grant (2014, \$2,000): I received this grant to support the completion of two projects that extended my previous research in the area of gender and mental health. The first project resulted in a publication in the peer-reviewed journal *Women & Health*. The second project resulted in a presentation at the American Psychological Association Annual Convention, which was held in Washington, DC. Along with my co-authors, we submitted a manuscript of this presentation to the peer-reviewed journal *Psychology of Men and Masculinity*. This was then accepted for publication.

Muhlenberg College Faculty Center for Teaching Grant:

FCT Grant in Psychology (2014): I received a FCT grant to support the development of The *Inside-Out Prison Exchange Program* at Muhlenberg. The program, created and implemented by Lori Pompa at Temple University, is a unique educational experience because it brings college students together with incarcerated men and women to study as classmates in a prison setting. The Inside-Out Program is a semester-long academic course, meeting once a week, through which 15 to 18 “outside” (i.e.: undergraduate) students and the same number of “inside” (i.e.: incarcerated) students attend class together. In order to ensure that both the needs of Muhlenberg students and Lehigh County prison students are met, I consulted with the assistant director of corrections at Lehigh County, Cindy Egizio. We met to discuss potential course topics, assigned readings, assignments, and course format. Cindy reviewed all of my materials for content feasibility. I then created a tentative course syllabus. We also reviewed and discussed logistics, such as student clearance checks, options for class space in the prison facility, and transportation issues. We also created an application process and a set of interviewing questions for interested students (both on the inside/outside). I am currently teaching the second Inside/Out course with Muhlenberg students (Spring, 2019).

VI. Additional information

See attached CV.

Kate Richmond, Ph.D.

2400 Chew Street
Allentown, PA. 18104

(484) 664-3423
krichmond@muhlenberg.edu

EDUCATION

Ph.D. in Clinical Psychology (2005)

APA Accredited Program
Nova Southeastern University
Fort Lauderdale, Florida

Diversity Training and Study (Summer, 2001)

Cemanahuac Comunidad Educativa
Cuernavaca, Mexico

Bachelor of Arts in Psychology and Women's Studies (2000)

Phi Beta Kappa
Muhlenberg College
Allentown, Pennsylvania

HONORS, AWARDS, AND GRANTS

Class of '32 Research Grant (2016)

Full salary compensation with benefits for one academic year
Additional Research Stipend: \$2000

Paul C. Empie Memorial Award for Excellence in Teaching (2013)

Received \$2,000

Muhlenberg Academic Advisor of the Year (2011)

Received \$500

Muhlenberg College Faculty Scholarship Grant (2008, 2012, 2014, 2015, 2016, 2018, 2019)

Received \$16,000

Muhlenberg College Faculty Center for Teaching Grant (2009, 2010, 2011, 2014, 2017)

Received \$10,000

Muhlenberg College Student Collaboration Grant (2007, 2008, 2010, 2014, 2018)

Students received \$22,600 in stipends

Bridge Builder's Award, Muhlenberg College Office of Disability Services (2007, 2016, 2018)

Henry Award: Student's Choice for Faculty of the Year (2008)

Nova Southeastern University Adjunct Faculty of the Year (2004)

NSU Scholar Grant (2003-2004)

Received \$18,000

Leonard Roth Memorial Scholarship (2004)

Received \$6,000

Center for Psychological Studies: Graduate Fellow Award (2002)

Received \$1000

The Carol E. Hutchinson Memorial Prize for Research in Psychology (2000)

Received \$500

The Class of 1969 Graduate Study Award (2000)

Received \$2000

The Sojourner Truth Women's Studies Award (2000)

Received \$500

Excellence in Student Advising (1998)

TEACHING

Associate Professor

Muhlenberg College

August 2006-present

Think Tank Affiliate Professor

Temple University/SCI-Graterford Prison

August 2013-2019

Lecturer

Lehigh University, College of Education

Summer, 2014-2018

The University of Pennsylvania, Graduate School of Education

August 2005-June 2006

Adjunct Faculty

Arcadia University

Summer, 2007, 2008

Nova Southeastern University, Farquhar College

August 2002-July 2005

Graduate Teaching Fellow

Nova Southeastern University, Center for Psychological Studies

August 2001-December 2002

PUBLICATIONS

BOOK

Liss, M., Richmond, K., Erchull, M., (2019). *Psychology of Women*. New York: W. W. Norton Publishing.

PUBLICATIONS

(*indicates student collaborator)

Moskowitz, K*. Richmond, K. & Michniewicz, K. (revise and resubmit). Caught in a Bad Romance: Endorsement of Traditional Romantic Ideology, Internalized Heterosexism, and Intimate Partner Violence Experiences Among Sexual Minority Individuals. *Psychology of Sexual Orientation and Gender Diversity*.

Richmond, K. & Zollo, A.* (under review,). *A feminist analysis*. In Anusha Kassin & Roy Moodley (Eds). *Diversity & Social Justice in Counseling Psychology & Psychotherapy: A case study approach*. Cognella Press, California.

Richmond, K. & Erchull, M. J. (under review). How knowledge of women's reproductive health and attitudes toward women influence opinions on healthcare funding. *Women's Reproductive Health*.

Julia C. Richmond & Kate Richmond (2019) Laughter: Feminist Friend or Foe?, *Women's Reproductive Health*, 6:3, 161-165, DOI: 10.1080/23293691.2019.1619056

Levant, R. F., Alto, K. M.*, McKelvey, D., Pardo, S., Jadaszewski, S., Richmond, K., Keo-Meier, C., & Gerdes, Z. (2019, April 25). Development, Variance Composition, Measurement Invariance across Five Gender Identity Groups, and Validity of the Health Behavior Inventory–Short Form. *Psychology of Men & Masculinities*. Advance online publication. <http://dx.doi.org/10.1037/men0000215>

Levant, R. F., Jadaszewski, S., Alto, K.*, Richmond, K., Pardo, S., Keo-Meier, C., & Gerdes, Z. (2019). Moderation and mediation of the relationships between masculinity ideology and health status. *Health Psychology*, 38(2), 162-171. <http://dx.doi.org/10.1037/hea0000709>

Richmond, K., Burnes, T, Signh & Ferarra, M.* (2017). Assessment and treatment of trauma with transgender and gender nonconforming clients: A feminist approach. In lore dickey and Anneliese Signh (Eds). *Handbook on Psychological Practice with Transgender and Gender Non-Conforming Clients*. American Psychological Association: Washington, DC.

Levant, R. F., Alto, K. M*., McKelvey, D*. K., Richmond, K. A., & McDermott, R. C. (2017). Variance Composition, Measurement Invariance by Gender, and Construct Validity of the Femininity Ideology Scale-Short Form. *Journal of Counseling Psychology*, doi:10.1037/cou0000230

Rosenberg, A*., Gates, A.*, Richmond, K., & Sinno, S. (2016). It's Not a Joke: Masculinity Ideology and Homophobic Language. *Psychology Of Men & Masculinity*, doi:10.1037/men0000063

- Burnes, T. R., Dexter, M. M.*, Richmond, K., Singh, A. A., & Cherrington, A*. (2016). The experiences of transgender survivors of trauma who undergo social and medical transition. *Traumatology*, 22(1), 75-84. doi:10.1037/trm0000064
- Erchull, M.J., & Richmond, K. (2016). "It's normal...Mom will be home in an hour:" The role of fathers in menstrual education. *Women's Reproductive Health*.
- Richmond, K., Levant, R., Smalley, B., & Cook, S. (2015). The Femininity Ideology Scale (FIS): Dimensions and its relationship to anxiety and feminine gender role stress. *Women & Health*, 55(3), 263-279. doi:10.1080/03630242.2014.996723
- Levant, R. F., & Richmond, K. (2015). The gender role strain paradigm and masculinity ideologies. In Y. J. Wong, S. R. Wester, Y. J. Wong, S. R. Wester (Eds.), *APA handbook of men and masculinities* (pp. 23-49). Washington, DC, US: American Psychological Association. doi:10.1037/14594-002
- Levant, R. F., Richmond, K., Cruickshank, B., Rankin, T. J., & Rummell, C. M. (2014). Exploring the role of masculinity in the relationship between day care and children's behavior problems. *American Journal of Family Therapy*, 42(3), 193-204. doi:10.1080/01926187.2013.814390
- Richmond, K., Geiger, E.,* & Reed, C.* (2013). The personal is political: A feminist and trauma-informed therapeutic approach to working with a survivor of sexual assault. *Clinical Case Studies*, 12(6), 443-456. doi:10.1177/1534650113500563
- Levant, R. & Richmond, K. (2013). Teaching the psychology of men and masculinity to undergraduates. In D. Dunn (Ed.), *Oxford Handbook of Undergraduate Psychology Education*. Oxford University Press: New York, NY.
- Singh, A. A., Richmond, K., & Burnes, T. R. (2013). Feminist participatory action research with transgender communities: Fostering the practice of ethical and empowering research designs. *International Journal Of Transgenderism*, 14(3), 93-104. doi:10.1080/15532739.2013.818516
- Richmond, K. A., Burnes, T., & Carroll, K.* (2012). Lost in trans-lation: Interpreting systems of trauma for transgender clients. *Traumatology*, 18(1), 45-57. doi:10.1177/1534765610396726
- Burnes, T. R., & Richmond, K. (2012). Counseling strategies with intersex clients: A process-based, trauma informed approach. In S. H. Dworkin, M. Pope, S. H. Dworkin, M. Pope (Eds.), *Casebook for counseling lesbian, gay, bisexual, and transgendered persons and their families* (pp. 35-44). Alexandria, VA, US: American Counseling Association.
- Richmond, K. A., Levant, R. F., & Ladhani, S. J. (2012). The varieties of the masculine experience. In R. Josselson, M. Harway, R. Josselson, M. Harway (Eds.), *Navigating multiple identities: Race, Gender, culture, nationality, and roles* (pp. 59-73). New York, NY, US: Oxford University Press. doi:10.1093/acprof:oso/9780199732074.003.0004
- Levant, R. F., & Richmond, K. A. (2010). Teaching masculinity in the undergraduate classroom. *Psychocritiques*, 55(2), doi:10.1037/a0017899

- Richmond, K. (2010). Bound by binaries: The invisibility of patriarchy. *Psychology of Women Quarterly*, 34(2), 267-268. doi:10.1111/j.1471-6402.2010.01570.x
- Richmond, K., Carroll, K.,* & Denboske, K.* (2010). Gender identity disorder: Concerns and controversies. In J. C. Chrisler, D. R. McCreary, J. C. Chrisler, D. R. McCreary (Eds.), *Handbook of gender research in psychology, Vol 2: Gender research in social and applied psychology* (pp. 111-131). New York, NY, US: Springer Science + Business Media. doi:10.1007/978-1-4419-1467-5_6
- Kalayjian, A., Moore, N.,* & Richmond, K. (2010). Coping with the earthquake in Pakistan: A religio-culturally informed treatment. In A. Kalayjian, D. Eugene, A. Kalayjian, D. Eugene (Eds.), *Mass trauma and emotional healing around the world: Rituals and practices for resilience and meaning-making, Vol 1: Natural disasters* (pp. 55-71). Santa Barbara, CA, US: Praeger/ABC-CLIO.
- Reiter, M. D., Richmond, K., Stirlen, A.,* & Kompel, N.* (2009). Exploration of intimacy in intercultural and intracultural romantic relationships in college students. *College Student Journal*, 43(4, PtA), 1080-1083.
- Levant, R., Richmond, K., Cook, S., House, A. T., & Aupont, M. (2007). The Femininity Ideology Scale: Factor structure, reliability, convergent and discriminant validity, and social contextual variation. *Sex Roles*, 57(5-6), 373-383. doi:10.1007/s11199-007-9258-5
- Levant, R. F., & Richmond, K. (2007). A review of research on masculinity ideologies using the Male Role Norms Inventory. *The Journal of Men's Studies*, 15(2), 130-146. doi:10.3149/jms.1502.130
- Levant, R. F., Smalley, K. B., Aupont, M., House, A. T., Richmond, K., & Noronha, D. (2007). Initial validation of the Male Role Norms Inventory-Revised (MRNI-R). *The Journal of Men's Studies*, 15(1), 83-100. doi:10.3149/jms.1501.83
- Levant, R. F., Good, G. E., Cook, S. W., O'Neil, J. M., Smalley, K. B., Owen, K., & Richmond, K. (2007). 'The Normative Male Alexithymia Scale: Measurement of a gender-linked syndrome': Correction to Levant et al. (2006). *Psychology of Men & Masculinity*, 8(3), 199-200. doi:10.1037/1524-9220.8.3.199
- Levant, R. F., Good, G. E., Cook, S. W., O'Neil, J. M., Smalley, K. B., Owen, K., & Richmond, K. (2006). The normative Male Alexithymia Scale: Measurement of a gender-linked syndrome. *Psychology of Men & Masculinity*, 7(4), 212-224. doi:10.1037/1524-9220.7.4.212
- Richmond, K., & Levant, R. (2003). Clinical Application of the Gender Role Strain Paradigm: Group Treatment for Adolescent Boys. *Journal of Clinical Psychology*, 59(11), 1237-1245. doi:10.1002/jclp.10214
- Levant, R. F., Richmond, K., Majors, R. G., Inclan, J. E., Rossello, J. M., Heesacker, M., & Sellers, A. (2003). A multicultural investigation of masculinity ideology and alexithymia. *Psychology of Men & Masculinity*, 4(2), 91-99. doi:10.1037/1524-9220.4.2.91
- Levant, R. F., Cuthbert, A., Richmond, K., Sellers, A., Matveev, A., Mitina, O., & Heesacker,

M. (2003). Masculinity ideology among Russian and U.S. young men and women and its relationships to unhealthy lifestyles habits among young Russian men. *Psychology of Men & Masculinity*, 4(1), 26-36. doi:10.1037/1524-9220.4.1.26

NATIONAL AND INTERNATIONAL PRESENTATIONS

Richmond, K. & Rios, D. (2019). *Engaging Organic Intellectuals: Teaching Intersectionality to Students who are Incarcerated*. Presentation at the Convention of the American Psychological Association, Washington, D.C.

Richmond, K. & Erchull, M. (2019). *Tools for Teachers: Encouraging Intersectional Perspectives and Critical Thinking in Psychology of Women and Gender*. Presentation at the Association of Women in Psychology. Providence, RI

Richmond, K. (2019). *Controversial Conversations: Teaching in a Post-Truth Era*. Invited Presentation at the National Institute for Teaching in Psychology (NITOP). St Petersburg, Florida.

Erchull, M. & Richmond, K. (2018). *Sex education, knowledge of reproductive health, and willingness to fund planned parenthood*. Presentation at the International Society for Menstrual Cycle Research. Colorado Springs, CO.

Richmond, K. (2018). *Tools for Teachers: Teaching feminism in a post-truth world*, Presentation at the Association of Women in Psychology. Philadelphia, PA.

Liss, M. & Richmond, K. (2017, August). *The challenge of content: what to include in a textbook*. Presentation at the Convention of the American Psychological Association. Washington DC.

Richmond, K. & Erchull, M. (2015, June). *Masculinity and men's knowledge and attitudes about menstruation*. Presentation at the International Society for Menstrual Cycle Research. Boston, MA.

Carusone, N.*, Nicosia, V.*, & Richmond, K. (2014, August). *Sexism and ageism in the workplace*. Poster presentation at the Conference of the American Psychological Association, Washington, DC.

Sinno, S., Richmond, K., Rosenberg, A.*, Gates, A.*, & Silk, C.* (2014, August). *Masculinity and homophobia*. Poster presentation at the Conference of the American Psychological Association, Washington, DC.

Richmond, K. (2014, August). *Inside/Out prison exchange program: Training and faculty considerations*. Paper presentation at the Conference of the American Psychological Association, Washington, DC.

Richmond, K. (2014, August). *Engaging in difficult dialogues about positive masculinity*. Paper presentation at the Conference of the American Psychological Association, Washington, DC.

Burns, T., Singh, A., & Richmond, K. (2014, August) *It's getting harder to just get back up:*

- Experiences of trauma among transgender individuals*. Paper presentation at the Conference of the American Psychological Association, Washington, DC.
- Erchull, M. & Richmond, K. (2013, June). *Fathers attitudes toward educating their children about menstruation*. Presentation at the biennial meeting of the International Society for Menstrual Cycle Research. New York, NY.
- Richmond, K., Piccone, V.* & Greenfield, D.* (2012, August). *Third generational Holocaust survivors: Identity and psychological well-being*. Poster presentation at the Conference of the American Psychological Association, Orlando, FL.
- Richmond, K., Condit, C.,* Gaffney, M.,* & Davin, M. (2012, August). *An examination of the effect of positive masculinity on femininity*. Poster presentation at the Conference of the American Psychological Association, Orlando, FL.
- Richmond, K., Levant, R., & Ladhani, S. (2011, August). *Hegemonic masculinities and the male experience*. Paper presentation at the Conference of the American Psychological Association, Washington DC.
- Richmond, K. (2011, August). *Negotiating transphobia – Community, work, and mental health challenges*. Discussant at the Conference of the American Psychological Association, Washington, DC.
- Richmond, K. (2011, August). *Complexities working with victims of intimate partner abuse*. Discussant at the Conference of the American Psychological Association, Washington, DC.
- Richmond, K. (2011, March). *Balancing multiple identities in women's studies and psychology*. Paper presentation at the Annual Conference of the Association for Women in Psychology. Philadelphia, PA.
- Richmond, K. (2010, August). *Social justice implications for working with transgender survivors of trauma*. Paper presentation at the Conference of the American Psychological Association. San Diego, California.
- Richmond, K. & Burnes, T. (2010, March). *Clinical guidelines for working with transgender survivors of violence*. Poster presentation at the National Summit on Interpersonal Violence and Abuse Across the Lifespan: Forging a Shared Agenda. Dallas, Texas.
- Dickey, I., Richmond, K., Walinksyt, D., & Angello, M. (2009, June). *GID & the DSM: Academics to Advocates*. Presentation at the Philadelphia Trans-health conference. Philadelphia, Pennsylvania.
- Richmond, K. (2009, January). *Masculinity and Multicultural Contexts*. Presentation at the 2009 National Multicultural Summit, New Orleans, Louisiana.
- Sinno, S. & Richmond, K. (2009, January). *Psychology Courses that Address (or should address) Interpersonal Skills*. Poster presentation at the National Institute for Teaching, St. Petersburg, Florida.
- Richmond, K. (2008, July). *International Responses to Trauma: The role of psychology*.

Symposium presentation at the International Congress of Applied Psychology, Berlin, Germany, July.

- Needle, R. & Richmond, K. (2008, July). *Sexuality and Survivors of Traumatic Stress*. Paper presentation at the International Congress of Applied Psychology, Berlin, Germany.
- Richmond, K. (2008, August). *Battered Women: Current Perspectives*. Discussant. Symposium presentation at the 2008 Annual Meeting of the American Psychological Association, Boston.
- Sinno, S. & Richmond, K. (2008, January). *Interpersonal Skills in the Psychology Classroom: Making for a Well-Rounded Student*. Poster presentation at the National Institute for Teaching, St. Petersburg, Florida.
- Richmond, K. (2007, August). *Multicultural supervision*. Symposium presentation at the 2007 Annual Meeting of the American Psychological Association, San Francisco.
- Richmond, K. & Schwartz, J. (2007, August). *Investigation of gender role conflict, objectification, and sexuality*. Paper presentation at the 2007 Annual Meeting of the American Psychological Association, San Francisco.
- Richmond, K. (2007, March). *A cross cultural examination of the aftermath of a trauma*. Paper Presentation at the 2007 Annual Meeting of the Eastern Psychological Association, Philadelphia, Pennsylvania.
- Richmond, K. (2007, March). *International psychology: Opportunities for students and early career psychologists*. Symposium presentation at the 2007 Annual Meeting of the Eastern Psychological Association, Philadelphia, Pennsylvania.
- Richmond, K. (2007, March). *Gender Identity Disorder: A critical evaluation*. Paper presentation at the 2006 Association for Women in Psychology Conference, Seattle, Washington.
- Richmond, K. (2007, March). *Facilitating Change after Violence: A Case Example of Feminist Therapy*. Paper Presentation at the 2006 Association for Women in Psychology Conference, Seattle, Washington.
- Denmark, F., Richmond, K., Patterson, M., Chrisler, J., & Nadien, M. (2006, July). *Psychology's Response to International Violence Against Women*. Symposium presentation at the International Association of Applied Psychology 26th International Congress of Applied Psychology, Athens, Greece.
- Richmond, K. David, K., & House, T. (2005, February). *Grass root support in feminist therapy training: The role of peer supervision*. Paper presentation at the 2005 Association for Women in Psychology Conference, Tampa, Florida.
- Gottsegen, G., & Richmond, K. (2005, March). (Chair). *Student involvement in international psychology*. Symposium presentation at the Eastern Psychological Association Conference, Boston, Massachusetts.
- Richmond, K., Edge, T., Udall, D., Page, J., & Wolgast, B. (2005, July). *Gender matching and feminist awareness on therapy outcome in counseling*. Poster presentation at the 113th

Meeting of the American Psychological Association, Washington, DC.

- Levant, R. & Richmond, K. (2004, July). *Fifteen years of research on masculinities and femininity ideologies*. Paper presentation at the 112th Meeting of the American Psychological Association, Honolulu, Hawaii.
- Levant, R., Good, G., Cook, S., Richmond, K., Owen, K., Smalley, B. (2004, July). *Validation of normative male alexithymia scale*. Poster presentation at the 112th Meeting of the American Psychological Association, Honolulu, Hawaii.
- Aupont, M., Noronha, D., Richmond, K., Levant, R., & House, A. (2004, July). *Validation of the male role norms inventory-revised*. Poster presentation at the 112th Meeting of the American Psychological Association, Honolulu, Hawaii.
- House, A., Reagan, K., Richmond, K., David, K., & Eickleberry, L. (2004, July). *Empowerment and feminist awareness: Creating a support and network group*. Poster presentation at the 112th Meeting of the American Psychological Association, Honolulu, Hawaii.
- Richmond, K. & Walker, L. (2004, July). *Role of mentoring in promoting international and feminist awareness in graduate training*. Poster presentation at the 112th Meeting of the American Psychological Association, Honolulu, Hawaii.
- Richmond, K. & Villavicencio, P. (2003, August). *Psychology and the battered woman syndrome – New international perspectives*. Paper presentation at the 111th Meeting of the American Psychological Association, Toronto, Canada.
- Richmond, K., Levant, R., Philpot, C., Cook, S. & Good, G. (2003, August). *Validation of the femininity ideology scale*. Poster presentation at the 111th Meeting of the American Psychological Association, Toronto, Canada.
- Walker, L.E., Richmond, K., Villavicencio, P., & Antonopoulous, C. (2003, July). *Battered woman syndrome: International and cross-cultural assessment*. Paper presentation at the 29th Interamerican Congress of Psychology, Lima, Peru.
- Richmond, K., David, K., Lyda, A., Johnson, J. & Walker, L.E. (2003, March). *The Battered Woman Syndrome: Assessment, prevalence, and treatment*. Paper presentation at the 28th Association for Women in Psychology Conference, Jersey City, New Jersey.
- Johnson, J., Lyda, A., David, K., Richmond, K. & Walker, L.E. (2003, February). *Assessment Techniques for domestic violence and application to clinical treatment plans and forensic cases*. Paper presentation at the Third Annual Conference for the Institute on Trauma and Victimology, Ft Lauderdale, Florida.
- Richmond, K., Lyda, A., Johnson, J. & David, K. (2002, May). *Assessment and treatment implications for the gender socialization practices among survivors of violence*. Poster presentation at the Annual Meeting of the Florida Psychological Association, St. Petersburg, Florida.
- David, K., Johnson, J., Lyda, A. and Richmond, K. (2002, May). *Trauma symptomology among battered women: Twenty years in review*. Poster presentation at the Annual Meeting of the Florida Psychological Association, St. Petersburg, Florida.

- Richmond, K., Lyda, A., Johnson, J. and David, K. (2002, June). *Gender ideology among battered women*. Poster presentation at the annual Nova Southeastern University's Student Research and Clinical Conference. Ft. Lauderdale, Florida.
- Lyda, A., Richmond, K., David, K. & Johnson, J. (2002, June). *The prevalence of trauma patterns within the battered women's population analyzed by the Battered Women Syndrome Questionnaire*. Poster presentation at the annual Nova Southeastern University's Student Research and Clinical Conference. Ft. Lauderdale, Florida.
- Richmond, K., Lyda, A., David, K. & Johnson, J. (2002, August). *Feminism and Psychological Practice*. (Chair) Symposium presentation at the 110th Convention Meeting of the American Psychological Association Illinois, Chicago.
- Richmond, K. (2002, August). *Practical dilemma: Fees for services with survivors of traumatic stress*. Paper presentation at the 110th Convention Meeting of the American Psychological Association, Illinois, Chicago.
- Levant, R., Cuthbert, A., Richmond, K., Sellers, A., Matveev, A., Hessacker, M. (2002, August). *Masculinity ideology among Russian and U.S. young men and women*. Paper presentation at the 110th Convention Meeting of the American Psychological Association, Illinois, Chicago.
- Levant, R., Cuthbert, A., Richmond, K., & Sellers, A. (2002, July). *Masculinity ideology among Russian and Japanese college students*. Paper presentation at the Congress of the International Organization of Applied Psychology, Singapore.
- Richmond, K. (2000, April). *Identity and PMS*. Paper presentation at the Lehigh Valley Association Undergraduate Psychology Conference. Allentown, Pennsylvania.
- Richmond, K. (1999, April). *Feminist Analysis of Dissociative Identity Disorder*. Paper presentation at the Lehigh Valley Association Women's Research Conference. Lehigh, Pennsylvania.

EDITORIAL SERVICE

<i>Women & Therapy</i>	Editorial Board Member	2018- present
<i>Psychology of Men and Masculinity</i>	Editorial Board Member	2007-2012
<i>Psychology of Women Quarterly</i>	Reviewer	2007-present
<i>Feminism and Psychology</i>	Reviewer	2003 –present
<i>Sex Roles</i>	Reviewer	2006-present
<i>Traumatology</i>	Reviewer	2008-present
<i>Clinical Case Studies</i>	Reviewer	2010-present
<i>Journal of SexO & Gender Diversity</i>	Reviewer	2018-present
<i>Feminist Psychologist (newsletter)</i>	Editor	2006-2009

PROFESSIONAL ACTIVITIES

APA Division 56: Trauma

APA Convention Program Coordinator (2009-2011)

APA Division 35: Society for the Psychology Women

AWP/SPW Invited Speaker Series Coordinator (Co-Chair, 2012-2014)
Institute for Feminist Academic Psychologist (2011-present)
Mary Roth Walsh Teaching of Psychology Award (Chair; 2009-2011)
Publication Committee, Executive Position (2006-2009)
Newsletter Editor (2006-2009)

APA Division 52: International Psychology

ECP Representative, Executive Board Position (2005-2007)
Interim Secretary, Executive Board Position, (Fall, 2005)

Association for Women in Psychology (AWP)

Feminist Therapy Institute Liaison (2006-2008)

Association for Women in Psychology (AWP)

Philadelphia Chapter

Continuing Education Committee (2005-2007)

International Association of Applied Psychology

USA Early Career Psychologist Representative (2002-2004)

ADMINISTRATION

Director of Women & Gender Studies

Muhlenberg College, 2018-2019

Coordinator

Student Counseling Services

Nova Southeastern University, 2003-2004

Intensive Studies Program Director

Academic Services

Nova Southeastern University, 2002-2003

Academic Service Assistant

Academic Services

Nova Southeastern University, 2000-2002

COLLEGE WIDE SERVICE & COMMITMENTS

Health & Wellness Advisory Board

Member (2017-2019)

Presidential Task force of Diversity and Strategic Planning

Elected Faculty Representative (2015-2017)

Multicultural Advisory Board (2008-2014)

Vice Chair (2009-2010)

Chair (2011-2013)

Co-Chair (2013-2014)

Library Committee (2008-2011)
Chair (2010-2011)

Women's Studies Advisory Board (2009-present)

Faculty Search Committee –African American Studies (2008, 2009)

Staff Search Committee – Director of College Counseling Center (2016); Title IX Coordinator (2017), Educational Outreach Coordinator (2018)

Jumpstart Advisory Board (2008-2010)

Phi Beta Kappa Nomination Committee (2006-2013)

First Year Seminar Advisor (2006-2013)

Faculty Advisor to the Muhlenberg Trans Advocacy Coalition (MTAC, 2014-present)

Faculty Advisor to the Feminist Collective (2012-2014)

Faculty Advisor to Active Minds (2009-2010)

Mellon Learning Community (2006)

Campus Wide Training & Workshops Developed and Facilitated:

RA Training (August, 2007-2017)

Student Affairs and Community Service and Civic Engagement Diversity Training (2007)

MLK Training/Workshop on Race, racism, and teaching (2013, 2014)

Preparing to Walk: Protest Training for Women's March in Washington (2017)

Getting into Graduate School (2012, 2013, 2014)

SA Training for Sedehi Diversity Project (2008, 2009, 2011, 2015)

Writing Workshop for First Year Seminars (2009)

FCT Training on Difficult Dialogues (Spring, 2008; Fall, 2009, Spring, 2015)

FCT: Avoiding Burn-Out and Promoting Self-Care (2017)

Staff Training on Opioid Crisis (2018)

Campus Wide Talks & Discussions Organized & Facilitated:

WGS Panel on Lydia Panas Art Exhibit (2018)

Panel Discussion on Opioid Crisis (2017)

The Aftermath: Panel Discussion on War & Trauma (2017)

FCT Discussion on Trigger Warnings (Fall, 2015)

Women's Week, including the Take Back the Night March (Spring 2012-2014)

DANA Pre-Orientation Panel (2018, 2019)

A Talk Back on the Black Swan (Spring, 2011)

Rape Prone Environments (2010-2017; only fraternity brothers in attendance)

A Talk Back on The Blind Side (Fall, 2010)

Mental Health issues on College Campuses (Spring, 2009, 2010, 2016)

Suicide & Masculinity (Spring, 2009, Fall, 2015)

NCORE Programming & Experiences (Fall, 2009)

Sexuality and Mental Health (Fall, 2009)

The First Lecture (2009)

Keynote Address at Phi Beta Kappa Dinner (2008)
A Talk Back Following Beyond Beats & Rhymes (2008)
Town Hall Meeting dealing with Perceptions of Downtown Allentown (2008)
Keynote Address at the Martin Luther King Celebration (2008)
The Last Lecture (2008)
Living with Purpose (2013)

Brown Bag Lunch Discusses Organized & Facilitated at the Multicultural Center:

Sexualization of Girls and Women
Dealing with Rape Culture
Dealing with Hate Crimes on Campus
Violence in Lesbian Relationships
White Privilege and Becoming an Ally
Feminist Theory 101
Politics, Race, & Gender
Myths of Motherhood
Masculinity and the Male Experience
My car is not in that driveway: The not-so-talked about class issues on Muhlenberg's campus

DEPARTMENT SERVICE & COMMITMENTS

Academic Open Houses
Board of Directors Report (2008-2009)
Psychology/Neuroscience Faculty Search Committee (2007, 2008, 2014, 2015)
Academic Advisor

CLINICAL

Private Practice
Pennsylvania Licensed Psychologist
Philadelphia, PA
August, 2006- Present

University of Pennsylvania Graduate School of Education
Post-Doctoral Research Fellowship
Philadelphia, Pennsylvania, 2005-2006

University of Pennsylvania Counseling and Psychological Services
APA Accredited Clinical Internship
Philadelphia, Pennsylvania, 2004-2005

Nova Southeastern University Student Counseling Services
Fort Lauderdale, Florida, 2003-2004

Hospital Clinico San Carlos
Madrid, Spain, Spring, 2003

Center for Group Counseling
Boca Raton, Florida, 2001-2002

Henderson Mental Health Community Clinic

Pembroke Pines, Florida, 2000-2002

Trauma Resolution Integration Program (TRIP)
Fort Lauderdale, Florida, Spring/Summer, 2000

Turning Point Safe Haven
Allentown, Pennsylvania, 1998-2000

PROFESSIONAL ORGANIZATIONS

American Psychological Association (APA)

Division 35: Society for the Psychology of Women

Division 44: Society for the Psychological Study of Lesbian, Gay, Bisexual, and
Transgender Issues

Division 52: International Psychology

Division 51: Society for the Psychological Study of Men and Masculinities

Division 56: Trauma Psychology

The Association for Women in Psychology (AWP)

Pennsylvania Psychological Association (PPA)

International Association of Applied Psychology (IAAP)

Eastern Psychological Association (EPA)

2019
Faculty Summer Grant Summary
Kate Richmond, PhD

I received funding to complete an exploratory study on how people's knowledge of women's reproductive health and their attitudes toward women influence their opinions on who is responsible for funding healthcare for women and children. After receiving Institutional Review Board (IRB) approval, my co-author and I recruited participants using Mechanical Turk. As part of this study, participants will complete measures assessing sexist attitudes (Glick & Fiske, 1996), endorsement of traditional masculinity (Levant, Hall, & Rankin, 2013) and traditional femininity (Levant, Richmond, Cook, & House, 2007), attitudes towards menstruation (Marvan, Ramirez-Esparza, Cortes-Iniestra, & Chrisler, 2006), comfort discussing menstruation (Gorman, 1999), and sources of information about sex (adapted from a list in Brooks-Gunn & Ruble, 1986 exploring sources of information about menstruation). Participants also completed a quiz to assess their knowledge about women's reproductive health consisting of questions from a test bank from the 13th edition of the Crooks and Buar *Human Sexuality* textbook. Participants also answered questions regarding their experience with formal sex education and adapted questions from the Kaiser Family Foundation to assess support for different reproductive health policies and funding initiatives (<https://www.kff.org/slideshow/public-opinion-on-womens-health-and-preventive-care/>). Results showed that knowledge of reproductive health and hostile sexism predicted opinions related to funding, especially as such funding was connected to Planned Parenthood.

This project was presented at the conference meeting of the Society for Menstrual Cycle Research (SMCR), which will be held in Colorado Springs in June, 2019. My co-author and I submitted a manuscript to *Women's Reproductive Health* in November, 2019. It is currently "under review."